EmmanueLife



Newsletter of Emmanuel United Church of Christ

Rev. Kenneth D. Peterkin, Pastor

March 2023

IN THIS ISSUE

| Birthdays | 7 |
|---------------|-----|
| Calendar | |
| Consistory | 4-5 |
| News & Évents | |
| Thank You | 6 |

Calendar Highlights

Thursdays, March 2 & 16 1:30-4 pm—Afternoon of Games

Saturday, March 4
5 or 6:30 pm—Spaghetti Supper
RSVP by March 3 ~see page 3

Sundays, March 5, 12, 19, 26 8:45 am—Adult Learning Hour in Bowers Chapel and by Zoom

10 am—Worship in person and livestreamed on YouTube

Sundays, March 5, 12, 19 6-6:45 pm—March Mindfulness in King Auditorium ~see page 2

Mondays, March 6, 13, 20, 27 1-4 pm—Compassionate Crafters

Tuesdays, March 7, 14
Adult Bible Study
1:30 in person, 7 pm by Zoom

Sunday, March 12
11:45 am—Lunch Bunch outing to
Sign of the Horse Bierhaus

Friday, March 24
Gift Card Bingo
5:30 pm—Doors • 7 pm—Games

COMPLETE CALENDAR, PAGE 7

From the desk of Reverend Ken...

ime to think about Spring-ing forward! Make certain your calendar is marked for March 11-12. On the 11th before you go to bed you should set your clocks 1 hour forward (officially at 2am Sunday morning the 12th.

This time of year is the beginning of my favorite times of the year – increasing lengths of daylight and warmth becoming the norm. For years I thought I was looking forward to Summer. But I found out that I suffered from "SAD" – Seasonal Affective Disorder – it's a real thing. Come November the days have shortened significantly, and of course more cold days come. By Christmas my body is a wreck! If I don't treat it, I ache in nearly every part of my body, I am slow to joy and confused as to why I am unmotivated. Once a friend of mine let me borrow her full-spectrum sun lamp, and I began to sit in front of it a couple hours a day – the aches began to lessen greatly and I found myself able start and complete tasks with greater frequency. And so, you can see why I love the lengthening of the days!

It's being in a state contentment that I find myself once Spring is full-on. Contentment, it's when I find delight in just my being. Also, I am able to focus on my interaction with others when I feel content. Being a minister of the Word, I take seriously the importance of gleaning treasure from Jesus' teachings and finding where I may have glossed right over some of His most fundamental teachings, which he expects us to learn and live once we've pledged ourselves to him.

Bible Study classes recently covered Matthew 5:23-25. It has to do with reconciliation through the practice of repairing breaches between ourselves and others. When I have reached out and offered an amends or an apology, whether my attempt has been acknowledged, or received, or reciprocated, I can enjoy differing amounts of contentment. What's important is that I have tried and begun what could be a reconciliation. Tending to other's trouble with me is a significant tool and skill I have practiced as a minister. And, I attempt to repair any breach as soon as I recognize one, knowing that failure to do so on my part will only bring me torment and eventually the realization that another person has been suffering.

See Rev. Ken, Page 6

Heifer International Lenten Giving Project

Heifer Flows On

Water is crucial in so many ways. It brings life to the earth and it plays a vital part in our faith. Jesus began his ministry by being baptized in the flowing waters of the Jordan and he foretold the coming of the Holy Spirit when he spoke of the gift of living water. Living water is fresh, flowing and drinkable. So how does this connect with Heifer?

Imagine an idea that, like water, flows and spreads across the land. In 1944, Dan West, a farmer and relief worker, saw that simply giving milk to hungry children wasn't enough. They needed "a cow, not a cup." Soon 17 heifers were sent to Puerto Rico. Since then, help has flowed to more than 25 million families in more than 30 countries, including the U.S.

Passing on the Gift is a cornerstone of Heifer's approach. Not only are offspring of animals passed on to other families, so are knowledge and training. The benefits flow through communities as they form their own visions and become self-sustaining.

Another crucial cornerstone of Heifer is helping communities to improve resource management and adapt to climate change. This includes the wise use of water and better irrigation practices.

One more note about water: Heifer provides treadle



pumps so that families no longer have to spend hours hauling fresh water to their home.

You will hear more about Heifer through the month of March. We invite you to let your generosity flow as you consider making a donation to Heifer International. The collection date is March 26. Find envelopes in the sanctuary and make checks to Emmanuel UCC. ~Carol Giesey

Help Wanted: Gardeners!

- ** We need gardeners, both new and experienced, to help weed, water and trim the beds and containers around the church.
- We would like to have two volunteers to share the gardening chores for each month of the growing season, from April through October. Please bring your own gardening tools. Hoses and watering cans are available.
- * Pick your favorite gardening month and sign up on the purple clipboard.

MARCH MINDFULNESS

- Emmanuel member Karen Jones will lead three free sessions of Mindfulness and Stress Reduction.
- Sessions will be held in King Auditorium from 6 to 6:45 pm on Sundays, March 5, 12 and 19. All are welcome, whether you are a long-time practitioner or trying something new. No equipment is needed. A Zoom option will be available.
- Regular stress-reduction practices such as mindfulness contribute to one's overall health and well-being. Practices are introduced in a manner accessible to many abilities.
- Karen is a Licensed Professional Counselor and a Certified Mindfulness Based Stress Reduction Teacher.
- For the Zoom link or questions, email Karen at kjones@mindfulnessandmotion.com. Learn more at: www.mindfulnessandmotion.com.

41st Annual Spaghetti Supper Saturday, March 4, 2023

5 pm or 6:30 pm

The meal will include salad, bread, spaghetti, homemade desserts and beverages. Entertainment will be by Faded Denim, folk-rock duo JJ Dugan and Dwight Dubs.

Tickets: \$12 for adults

\$9 for ages 5-12

Free for kids under 5

Reservations are required by Friday, March 3. RSVP by contacting the church office at office@eucchanover.org or 717-632-8281.

► <u>SPAGHETTI SAUCE & EGG DRESSING SALE!</u> Meat sauce is \$8 per quart; meatless sauce is \$6 per quart; egg dressing is \$5 per pint. To order, call the church office.

The fundraiser will benefit Emmanuel's Building Fund and God's Meal Barrel. To volunteer, call Mary Bair at 717-870-5597.



GIFT CARD BINGO: FRIDAY, MARCH 24!

5:30 PM: FOOD—FUN—FELLOWSHIP

7 PM: 20 GAMES OF BINGO—SPECIALS—RAFFLES

TICKETS: \$12 AT THE DOOR

The event benefits the Hanover Area Council of Churches and Emmanuel's building fund. For info or to volunteer, contact Mary Bair at 717-870-5597.

| 3 | • • • | • • | • • | • | • • | • | • | • | • | • • | • | • | • | • | • | • • | • • | • | • | • | • | • | • • | • | • | • | • | • • | • | • | • | • | • | • | |
|---|-------|-----|-----|---|-----|---|---|----|----|-----|---|---|---|---|---|-----|------|---|---|---|---|---|-----|---|---|---|---|-----|---|---|---|---|---|---|--|
| | | | | | | | _ | ٠. | -4 | | | | | | _ | | | | _ | | | _ | | | | | | | | | | | | | |

| | Gift Card Bingo | Donation |
|----------------|--------------------|----------------|
| Want to sponso | r a game for \$25? | Use this form: |

| | -1 | |
|--------|----|--------------|
| Name _ | | will sponsor |
| _ | | |

____ gift card prizes at \$25 each. Total enclosed \$___

Please return to the church office or drop in the offering **by March 8**. Make checks to Emmanuel UCC.

Easter Scavenger Hunt

Children ages 12 and under are invited for an Easter Scavenger Hunt, games and lunch on Saturday, April 8, 11 am to 12:30 pm, in King Auditorium.



Search for hidden eggs and other fun items, enjoy games with prizes, have lunch and receive an Easter bag to take home. Participants must be accompanied by a parent, grandparent or other adult. Bring your own Easter basket or receive a bag to collect your finds.

Sponsored by the Christian Education Committee, the event is free and no registration is required.

Interested volunteers can contact Cheryl Fritz at 717-698-1153 or candmfritz@aol.com.

Events & Activities

Lunch Bunch

After worship, second Sundays The group will gather for food and fellowship at 11:45 am March 12 at the Sign of the Horse Bierhaus, 6 Center Square, Hanover. RSVP to Sandy Rebert, 717-586-2136.

Afternoon of Games

1:30-4 pm, March 2 & 16 The group meets for games and snacks first and third Thursdays in King Auditorium. For info, call Carol at 717-632-2665.

Compassionate Crafters

1-4 pm Mondays

All crafters are welcome to bring a project, swap techniques and enjoy fellowship. For info, call Sandy Rebert at 717-586-2136.

CONSISTORY MEETING HIGHLIGHTS

Consistory Minutes — January

January minutes were approved February 19.

- Approval of email vote in regards to Maria's salary: Judy made a motion to accept the email vote taken on December 3, 2022. Chuck Bauer second. Vote taken. All in favor, vote passed.
- Photo Directory: ongoing. Megan is still available to take pictures at coffee hour.
- We will continue to network advertising for our Music positions.

COMMITTEE REPORTS

Christian Education Committee — February

- We currently have 9 children who participate at least occasionally in our program. Weekly attendance ranges from 0 to 6 children.
- Adult Learning Hour meets at 8:45 am Sundays in Bowers Chapel and on Zoom. They continue to study "Monday Morning Atheist" by Doug Spada.
- The Easter Egg Hunt will resume this year. The Children's Ministry volunteers met to start the planning process on Feb. 12 during Fellowship. This year will be an Easter Egg Scavenger Hunt on Saturday, April 8, from 11 am to 12:30 pm. Groups of children will follow clues throughout the church. They will receive an egg at each stop and will receive a gift certificate and gift bag at the end. There will also be games and lunch will be served.
- Cheryl Fritz has been in contact with Carol Wilson and Diane Betlyon from Trinity about this summer's joint Vacation Bible School. The theme for this year will be "Stellar." VBS will be held June 19-23.

Church Growth Committee — February 14 Currently scheduled activities:

- Mindfulness and Stress reduction, March 5, 12 and 19, 6-6:45 pm with Karen Jones.
- Naming ideas for the series: "EUCC Come and See..." and more ideas will be discussed next meeting along with how frequent to hold events and approaching church members about participating as speakers.
- "Coffee Talk" will continue.

Community Events to participate in this year:

- Snack Town Street Fair: July 15.
- Pride Gala: March 25. Committee approved the expense of two people at \$100 per person.
- YWCA Walk A Mile in Her Shoes: Aug. 11, 6-8 pm, \$30 per person. EUCC would like to sponsor a walking team for this International Men's March To Stop Rape, Sexual Assault & Gender Violence.

Continued on next page

2023 CONSISTORY OFFICERS

President Chuck Siegel 717-969-5550

brassnblast@yahoo.com

Vice President Alec Sivel 717-451-3450

alecsivel@hotmail.com

Secretary Ann Kress 717-637-5141

annkress31@aol.com

CONSISTORY MEMBERS

Megan Alcott, Chuck Bauer, Andy Crone, Cheryl Fritz, Laura Kemp, Judy Morris, Charlotte Pinette, Bill Wertzberger

Ex officio

Brian Frederick 717-451-3977 Treasurer

brianfrederick44@gmail.com

COMMITTEE CHAIRS

Altar Guild Mary Bair 717-870-5597

Caring Judy Morris 717-968-6998

Christian Education

Cheryl Fritz 717-698-1153

Church Growth

Charlotte Pinette 717-227-0262

Alec Sivel 717-451-3450

Fellowship Mary Bair 717-870-5597

Elaine Weaver 717-637-9015

Investment Brian Frederick 717-451-3977

Missions Carol Giesey 717-632-2665

Estelle King 717-487-1906 Consistory Rep: Laura Kemp

Pastor-Parish Relations

Estelle King 717-487-1906 Consistory Rep: Chuck Siegel

Megan Alcott 717-451-5401 Personnel

Property and Safety

Linda McKonly 717-632-6379 Consistory Representatives: Andy Crone and Laura Kemp

Stewardship Judy Morris 717-968-6998

Worship and Music

Chuck Siegel 717-969-5550

Committee Highlights, continued from Page 5

Missions Committee — February 15

- God's Meal Barrel is serving clients MWF, from 10 -12 am. Doris Wolff, founder of God's Meal Barrel, was posthumously inducted into Delone's Wall of Fame, which honors a select few Delone graduates who exemplify the qualities of "Doers of the Word."
- Hanover Area Council of Churches: 125 families received Christmas gifts from JJ's Toyshop. Clothes and shoes are needed at the clothing bank.
- Hoffman Homes for Youth: The annual golf tournament is scheduled for June 5. It typically raises over \$30,000 for ongoing programs.
- New Hope Ministries: "Dollars and Sense" budgeting class is available for clients. A capital campaign is under way for a new branch in Red Lands.
- Hanover United for Refugee Resettlement:
 There is a continuing need for babysitting and transportation for Furaha and her two little boys, who now live at 426 Baltimore St. Contact Estelle King or Pete Hartman (717-359-4035). A baby shower is being planned for her on April 29 at All Saints Episcopal. Her baby is due May 10.
- Communion Gifts: Donations are increasing.
 Last month we delivered 35 pounds of groceries,
 2 cleaning and 3 hygiene items to local food banks. The next collection will be March 5.
 Contact Marilyn Van Lenten.
- Crafters: The Crafters received \$675 from the Hanover Little Theater, which they will use to support local agencies. Hats, gloves and scarves continue to be distributed outside the church next to the Little Library. Donations of pillow cases, made into laundry bags for Homewood residents, are welcome. Contact Sandy Rebert.
- Missions sent a donation of \$1,000 through the UCC to aid earthquake victims in Turkey and Syria. Congregants are encouraged to make donations through the UCC.
- Funds from Joan Wertzberger memorials have been designated for Missions work. Following the family's wishes, the funds will be used to support local agencies. The committee agreed to donate \$1,000 to the Changing Lives Shelter at HACC and \$1,000 to the Hart Center in New Oxford. Distribution of the remaining \$665 will determined at a later date.
- A final Yard Sale at Estelle King's residence is scheduled for the first week in May. Volunteers are needed to set up May 1, 2, 3, and to help at the sale May 4, 5, 6. More info will follow. We are looking for a new site for the fall yard sale.

A message from the Property Committee

Please turn off the lights when you are done with a space. Your assistance is appreciated as we make every attempt to conserve energy and cut costs!



Property & Safety Committee — February

- Work on the flat roof is largely complete. A change order was signed and we are waiting for the final clean-up and invoice.
- The ALICE training is not complete. If there is anyone who would like to complete the online training, please notify Maria as soon as possible.
 We are racing the grant deadline.
- The security lights and cameras are all installed.
 The cemetery electrical work and camera installation are complete.
- Work on the courtyard will commence shortly. The engraved bricks will be reinstalled, along with the new ones ordered in 2022. A number of blank bricks will be placed, allowing for subsequent brick installation, should Emmanuel have another opportunity for ordering the engraved ones.
- Take note of the Christ window. New light bulbs have been installed and the glass cleaned. It's harder than it sounds, so please thank Larry Dubs and Sean Moore for their efforts.
- A new contract for mowing at the cemetery has been signed and the price remains the same.
- We've revamped the call list for times when the alarms are triggered.
- Three sets of rolling shelves were purchased to give us more mobile storage downstairs. They also get things off the ground in case of water leaks.

Worship & Music Committee — February 7

- Future services will include:
 - April 2: Palm Sunday with the singing of "The Palms."
 - ♦ April 6: Maundy Thursday
 - ♦ April 7: Good Friday
 - ♦ April 9: Easter Sunday with breakfast.
 - ♦ April 30: Hershey Handbell Ensemble directed by Dr. Shawn Gingrich in concert at 3 p.m.
- Mary Bair announced the Spaghetti Supper will return on March 4 with two seatings.
 Entertainment will be provided by Faded Denim, a duo with Dwight Dubs and J.J. Dugan.
- Rev. Ken will be on vacation March 20-28 and he will be having knee replacement surgery on June 12 and Aug. 28.

Thank You

► Thanks for supporting Blanket Sunday

Thank you for sharing the gift of warmth this winter through the Church World Service Blanket offering. Your donations of \$1.000



will be matched by the Missions Committee for a total of \$2,000 to provide blankets around the world to those affected by displacement and disaster.

Rev. Ken, from Page 1

However, I realize I cannot repair someone else's feelings but I can take responsibility for my actions or lack of actions. And once I reach out, it's up to the other to also humble themselves and offer hopefully their perspective on the conflict, and their part. But why? It's not just because it's a quaint practice, but that poor feelings that are left unattended to or left to fester can have real-life, serious consequences.

All this is to alert you to Jesus' teaching, that especially when at church, before we can offer Jesus and God our hearts and gifts – Jesus and God want us first to tend to one another. With the agreement of and endorsement of your Church President and numerous other fellow members, we are declaring Sunday mornings to be a business-free zone, a complaint-free zone, an affirmationencouraging zone, and a reconciliation-hotspot! I pledge and ask you also to pledge Sundays as the Sabbath, so as to provide every person who enters the assurance that they will not be attending to business of the church unless we have called a Congregational Meeting (where all business will be attended to IN the meting not prior to), and, that conversation and communications will be praising God, encouragement of others, and exercising those spiritual muscles which temper our passions, increase our compassion, and live within the heart

Please note, we have 6 other days in our week to tend to Church business.

Contentment. May it be our state of being as we gather to praise God and learn something new each week to make that increasingly possible.

With heart and hope,

~Rev. Ken

Interim Music Staff Hired

An organist and choir director have been engaged to temporary fill the positions until permanent staff members are found. Please welcome them the next time you are in church!

Organist: Harold Heller has been playing the organ for worship for 56 years, including for Navy chapel services. He is retired from the H.R. department at Knouse Foods and works part time at Dugan Funeral Home in Bendersville. He lives in Aspers.

Choir Director: Cathy Hammons directed the Senior Choir at the United Church of Christ in Norwich, N.Y., for 18 years. She has also been an organist for many years including the past five years at St. Paul's Episcopal Church in Montrose, Pa. She lives in Gettysburg.

► The Chancel Choir will be singing second and fourth Sundays at worship. Choir rehearsal is 7 pm Thursdays. New choir members are welcome!

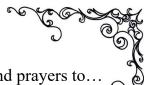
100th birthday card shower

Ginny Stieglitz will be celebrating her 100th birthday on April 9! Help her mark this milestone with a birthday greeting. Send cards to



her at: 100 Homewood Way, A103 Hanover PA 17331

Christian Sympathy and Heartfelt Prayers



Please extend sympathy and prayers to...

• The family of Andrew Winebrenner, who died February 6, 2023, at age 86.

BIRTHDAY POSTCARD HELPER NEEDED

A volunteer is needed to write short greetings and send about a dozen postcards per month to members and friends. Cards and postage provided. Contact Judy Morris at 717-968-6998 or judymorris1@embarqmail.com.



The following members and friends of Emmanuel celebrate birthdays in March. We extend to each of you best wishes and many happy returns. May God bless you!

1-Jenny Myers

2—Dale Grimm, Christopher Garrett

4—Landy Grimm, Jeff Brady Jr.

5—Eva Garrett, Pat Conroy

7-Liz Pickering, Ben Connor

10-Dan Frock

11-Ross Sipe

14—Jean Gralley

18-Erin Groft

19—Ed Rohrbaugh

20—Anthony Moreno

21-Bryce Little, Sandy Rebert, Sierra Rhodes

24—Sandy Topper, Allen Bittinger

25—Bonnie Stick

26—Easton Nguyen

27—Alex Brown

Remembering + Caring + Reaching Out

Terri Alcott (Care South) Julia Greth (Terrace E371) **Burnell Little** Pat Sheaffer (Care South) Janet Starr (Care Central #201) Ross Sipe (Care South) **Ginny Stieglitz (Terrace)** Homewood, 425 Westminster Avenue,

Hanover PA 17331

Don Bair

424 Woodland Drive, Dillsburg PA 17019

Margaret Forney

2990 Carlisle Pike #PC, New Oxford PA 17350

Audrey Fuhrman

Fair Havens Assisted Living 3101 Grandview Road, Hanover PA 17331

Becci Little

2990 Carlisle Pike, Room 4528, New Oxford PA 17350

Bonnie Stick

2990 Carlisle Pike #HC, New Oxford PA 17350

Doris Unger (Room 214A) Hanover Hall, 267 Frederick St., Hanover PA 17331

March 2023

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|--|---|--|
| 26 February 8:45 am—Adult SS 10 am—Worship Children's SS | 27 1-4 pm—Crafters in the Pastor's Parlor | 28 Bible Study— 1:30 pm in the Pastor's Parlor 7 pm by Zoom | 1 12-1 pm Bowers Chapel Open | 2 1:30-4 pm— Afternoon of Games in King Auditorium 7 pm—Choir rehearsal | 3 9:15-10:30 am —Coffee ER at Reader's Cafe | 4 SPAGHETTI SUPPER 5 or 6:30 pm |
| 5 8:45 am—Adult SS 10 am—Worship w/ Holy Communion Children's SS 6 pm—Mindfulness | 6 1-4 pm—Crafters in the Pastor's Parlor | 7 Bible Study— 1:30 pm in the Pastor's Parlor 7 pm by Zoom 4:15 pm—Worship & Music Committee | 8 12-1 pm Bowers Chapel Open | 9 7 pm—Property Committee meeting 7 pm—Choir rehearsal | 10 9:15-10:30 am —Coffee ER at Reader's Cafe | 11 |
| 8:45 am—Adult SS 10 am—Worship Children's SS 6 pm—Mindfulness | 13 1-4 pm—Crafters in the Pastor's Parlor | 14 12-Church Growth Zoom Bible Study— 1:30 pm in the Pastor's Parlor 7 pm by Zoom | 15 12-1 pm Bowers Chapel Open 1 pm—Missions Committee | 16 1:30-4 pm— Afternoon of Games in King Auditorium 7 pm—Choir rehearsal | 17 9:15-10:30 am —Coffee ER at Reader's Café | 18 |
| 8:45 am—Adult SS 10 am—Worship Children's SS 6 pm—Mindfulness | 20 1-4 pm—Crafters in the Pastor's Parlor 7 pm—Consistory | 21 Bible Study— 1:30 pm in the Pastor's Parlor 7 pm by Zoom | 22 12-1 pm Bowers Chapel Open | 7 pm—Choir rehearsal | 24 9:15-10:30 am —Coffee ER at Reader's Café BINGO 5:30 pm—Doors 7 pm—Games | 25 |
| 26 8:45 am—Adult SS 10 am—Worship Children's SS | 27 1-4 pm—Crafters in the Pastor's Parlor | 28 Bible Study— 1:30 pm in the Pastor's Parlor 7 pm by Zoom | 29 12-1 pm Bowers Chapel Open | 30 7 pm—Choir rehearsal | 31 Office Closed 9:15-10:30 am —Coffee ER at Reader's Café | 1 April |

Emmanuel United Church of Christ

124 Broadway Hanover, PA 17331 (Return Service Requested) Nonprofit Org U.S. Postage PAID Hanover PA 17331 Permit #15

Dated Material - Please Expedite

March 2023

Emmanuel United Church of Christ, 124 Broadway, Hanover, PA 17331



Worship Services 10 am Sunday

Rev. Ken Peterkin 860-581-0869 pastor@eucchanover.org

Church Office

9 am-1 pm, Mon-Fri 717-632-8281 office@eucchanover.org

Visit Online www.emmanuelucc.org

F. Y. I.

41st Annual Spaghetti Supper Saturday, March 4 5 or 6:30 pm

Save your seat! RSVP by Friday, March 3. ~Details, page 3

■ Interim Music Staff

Please welcome Harold Heller and Cathy Hammons ~Details, page 6

■ March Mindfulness

Jumpstart your spring wellness with some stress-reduction techniques ~Details, page 2

• Our church is an OPEN AND AFFIRMING congregation •